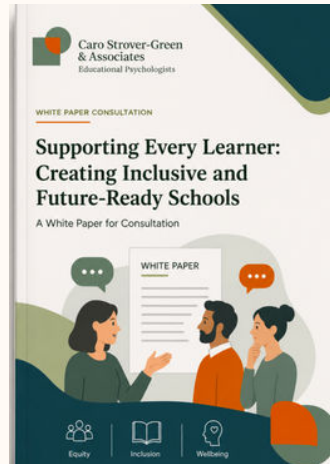




‘Learning for Everyone’ Monthly Newsletter

Thank you to those who attended our first live Q&A on the White Paper. Watch this space for further updates on the proposed changes as government gives us more details on how to proceed.



The CSGA team x

Transitions: live discussion

In this newsletter you can expect:

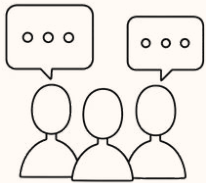
Updates

Online Consultation information

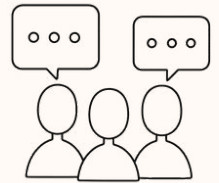
This month's Hot Topic: **Preparing for your child's new school**

Team Spotlight

A chance to ask the team



More tips to those Mary has highlighted in this month's article. Join our free information session on supporting your child going to a new school. This year could be their first school placement, a new school part way through or a new start at secondary. This free live session **30th June 8pm** is your chance to ask questions and hear our tips. sign up [here](#):



Preparing for your child's new school - our tips

As we come to the end of this school year, some of us may be already looking ahead to September, whether it's starting school for the first time in reception, transitioning to secondary school, or changing schools. For children and parents this can be daunting but also exciting as a new chapter begins.

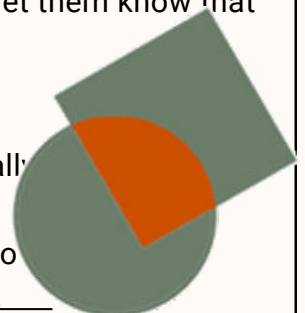
Research from Ofsted highlights that a positive experience in Reception and Year 1 provides children with the confidence and foundational skills they need for their future education. In these early years, much of the curriculum is centred on play-based learning, which helps children transition smoothly by reassuring them that their education will be both engaging and fun.

Maintaining a supportive environment is key to reducing anxiety. Stevie Goulding (YoungMinds charity) suggests being open with your child about their transition and having gentle check-ins such as "what are you looking forward to?" to open up conversations. Having these chats in the car or on a walk is a good idea because face-to-face conversations can sometimes be tricky. As a parent you want to solve all of your child's problems, but sometimes it's worth more that you are there for them and let them know that you are listening to them and their feelings.

Tips for starting primary school:

- Most schools have stay and play and induction sessions for the children to gradually adapt to school life
- Keep school a positive experience and don't put too much pressure on your child to

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adjust straight away, particularly those who aren't used to being away from parents, or who are born later in the academic year.

- Create a visual timetable to support your child in getting up and ready for the school day, including get dressed, brush teeth, have breakfast.
- Bring your child with you when you go uniform shopping, so they are a part of the family getting ready for school.

Tips for starting secondary school:

- Sitting down with your preteen and creating a timetable can be helpful, this can be hung in their room or on the fridge, so they are mentally ready for the school day, along with looking at how they are going to get to school.
- Support them in choosing items for school, for some children getting stationary can be exciting, or a particular water bottle or bag to express themselves within the school's uniform code.

Tips for changing schools:

- See if there are any holiday clubs or groups nearby to give your child the chance to meet other children their age who may be going to the same school.
- After school activities can be a good way, once started, to support friendships outside of school.
- Giving your child the chance to look around their new school so they are more familiar with it can be helpful – the school may offer tours before the end of the summer term.

Ultimately, the most effective way to support your child is to model a calm and positive attitude. By remaining a steady, listening ear, you can help them, and yourselves, navigate these changes with resilience.

I look forward to talking about all of this with you at our online discussion 30th June at 8pm, sign up [here](#)



In the spotlight: Bex

Having studied psychology at university, I am now combining this, and my love and experience as a qualified teacher for children with special needs, working as an Assistant Educational Psychologist and an Educational Therapist in the CSGA team.

I love the varied work, and tailoring the approaches for assessments and the learning sessions for our wonderful clients!

Online Consultation

To help solve problems and talk through any concerns, with practical suggestions and recommendations.

Find out more about online consultation [here](#)

Testimonials:

"Thank you for the Q&A, it was very informative"

*Best wishes,
Mary*

Click the poster to find out more about our upcoming CPD

Programme

CSGA Team
Assistive Technology for reading, writing, spelling, revision and study skills

Trevor Benstock
Campus XR
Combining virtual reality and AI for learning

Crick Software Team
Clicker and DocsPlus

Assistive Technology for Learning CPD
Tuesday 20th October 2026 9am-3pm
Bradfield College RG7 6AU
£150 per delegate
£142.50 per delegate if 2 from the same school (discount of £15 overall)

9-9.30 Arrival coffee and pastries
9.30-10.30 CSGA - using Assistive Technology
10.30-11.15 Campus XR
11.15-11.45 Break
11.45-12.45 Crick Software Team
12.45-1.30 Lunch
1.30-2.15 Hands on and Primary/Secondary groups
2.15-3pm Q&As, Feedback and conclusion

Included:
CPD certificate
Tea/coffee
Lunch

Sign up [here](#)

Limited spaces available!
Any queries please contact:
Mary Barr
Assistant Educational Psychologist
m94barr@gmail.com

COMING UP NEXT MONTH: THRIVING THROUGH SUMMER; OUR TIPS

